

What is HIV & AIDS?

- AIDS (Acquired Immune Deficiency Syndrome) is caused by HIV (Human Immunodeficiency Virus).
- HIV is transmitted via blood, semen, vaginal fluids, and breast milk.
- The most common ways to get HIV are unprotected sexual contact, sharing needles, and mother to baby.
- Without showing any outward or visible sign of HIV infection, people can *and do* infect their partners.

HIV Testing Services

- **Sierra HOPE**
1168 Booster Way, Angels Camp
Free, call for appointment
209/736-6792
- **Amador County Health Department**
10877 Conductor Blvd., Sutter Creek
Free/Donation, call for appointment
209/223-6407
- **Calaveras County Health Department**
891 Mountain Ranch Rd, San Andreas
Free, call for appointment
1/800-754-8889 or 209/754-6460
- **Tuolumne County Health Department**
20111 Cedar Road North, Sonora
No charge for Medi-Cal, Family PACT.
Call for appointment.
209/533-7401



HEALTH OPPORTUNITIES, PROGRAMS & EDUCATION

Volunteer Opportunities

Sierra HOPE could not exist without the efforts of our dedicated volunteers. There are a variety of ways to be involved, including:

- Outreach in the community
- Fundraising Projects
- Information Technology
- Marketing/Social Networks
- Office Support
- Food Pantry
- and many more

Donations gratefully accepted

Sierra HOPE
P.O. Box 159
Angels Camp, CA 95222
(209) 736-6792
Visit us online at
www.sierrahope.org

Non-Discrimination: Sierra HOPE does not discriminate in employment or provision of services because of sex, race, color, ancestry, sexual orientation, gender identity, religious creed, national origin, physical disability, mental disability, medical condition, age, or marital status.



Community Support and Specialized Services for HIV/AIDS

Serving Amador, Calaveras & Tuolumne Counties



HEALTH OPPORTUNITIES, PROGRAMS & EDUCATION

P.O. Box 159
Angels Camp, CA 95222

Phone 209/736-6792
Toll Free 1-888/722-2873

www.sierrahope.org

Our Mission

To instill hope, foster knowledge, encouraging sensitivity and provide support in our communities for HIV/AIDS, other chronic diseases and related social issues.

History

Sierra HOPE began in 1987, when a group of concerned citizens formed the Tuolumne County AIDS Task Force. They incorporated as the Sierra AIDS Council, a private nonprofit organization based in Sonora, CA, in 1990. Services were eventually expanded to include Amador, Calaveras, and Tuolumne Counties and the main office was moved to its present location in Angels Camp in 1997. In 2005 the name Sierra HOPE was adopted to reflect our philosophy of hope and to acknowledge the growing needs for services relating to other life threatening diseases in addition to HIV/AIDS. Sierra HOPE's organizational capacity has grown to keep up with the increasing need for services, while retaining its identity as a grass roots organization.

Our Funding sources include:

- California Department of Public Health, Office of AIDS
⇒ Ryan White CARE Act.
⇒ Housing Opportunities for People with AIDS (HOPWA)
- U.S. Dept. of Housing and Urban Development (HUD)
- Calaveras-Mariposa Community Action Agency
- Public support through donations and fundraising events

Community Support Services

- **Community Food Pantry** is open to the public every Wednesday from 1-4 p.m. Families or individuals in need can receive a bag of nutritious food one time per month.
- **Supportive Housing Program** provides six units of rental housing and case management services for people who are homeless and unable to afford housing because of a physical or mental disability. Our case managers will work with tenants on an on-going basis to help them remain in stable housing and meet their health care needs.
- **Emergency Housing Assistance Program** for low-income residents of Calaveras County provides short-term emergency assistance with rent, utilities, or deposits to prevent homelessness or loss of essential utilities like water, electricity or heat.
- **Free/Low Cost HIV and Hepatitis C screening** available by appointment.
- **HIV and Hepatitis Education presentations** may be customized to meet the needs of any audience.



HIV/AIDS Services

- **AIDS Drug Assistance Program (ADAP)** - Enrollment in this state program provides needed medications for persons with HIV not covered by insurance.
- **HIV/AIDS Case Management** - A social worker and nurse case manager work together with the client to develop a care plan based on his/her specific needs, provide benefit counseling and advocacy, and coordinate with other care providers to assure quality and continuity of care.
- **Housing Opportunities for People with AIDS (HOPWA)** - Short-term assistance for rent, mortgage or essential utilities intended to prevent or alleviate homelessness of people with HIV or AIDS. HOPWA is available in Alpine, Amador, Calaveras, Inyo, Mono and Tuolumne Counties.
- **Emergency Financial Assistance** and practical support for food, medical needs, and transportation for people living with HIV or AIDS.
- **HIV Testing** available by appointment. Rapid testing using an oral swab provides test results in 20 minutes.